Other Nearby State Parks

• Old Stone Fort State Archaeological Park, 33 miles

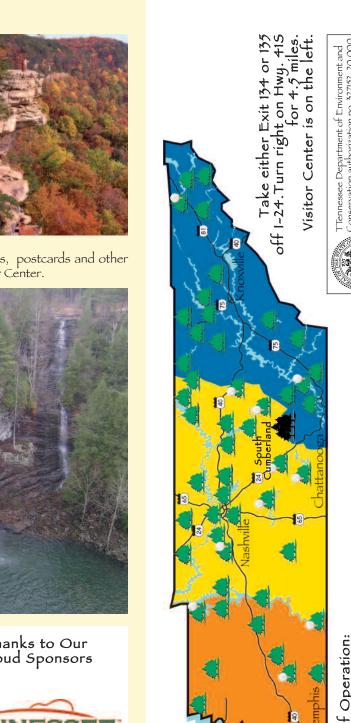
Annual Events

- Easter Egg Hunt, March/April
 Spring wildflower pilgrimage, April
- Fall color excursions, October

Gift Shop Books, patches, bandana maps, postcards and other items are available at the Visitor Center.







www.tnstateparks.com

SOUTH
CUMBERLAND
STATE
RECREATION
AREA TENNESSEE STATE PARKS BEST IN THE NATION

South Cumberland Recreation Area

is comprised of 10 distinct units scattered over 100 square miles covering more than 17,000 acres. Hikers should expect to see spectacular rock formations, cascading streams, beautiful waterfalls, rocky gorges, panoramic overlooks and



lush woodlands. The Stone Door area offers challenging rapelling and rock climbing. There is climbing but no rappelling at Foster Falls. Carter Cave introduces hikers to one mile of underground adventure. If you're into hiking and backpacking, South Cumberland is the place for you!

Cabins

Hobbs Cabin is the park's only cabin. A 9-mile hike from either the Savage Gulf or Stone Door entrance, it is primitive, with 6 bunks, fireplace, and a counter area. A spring is located just outside. Cabin use is first-come, first-serve. There is a campground nearby.

Camping

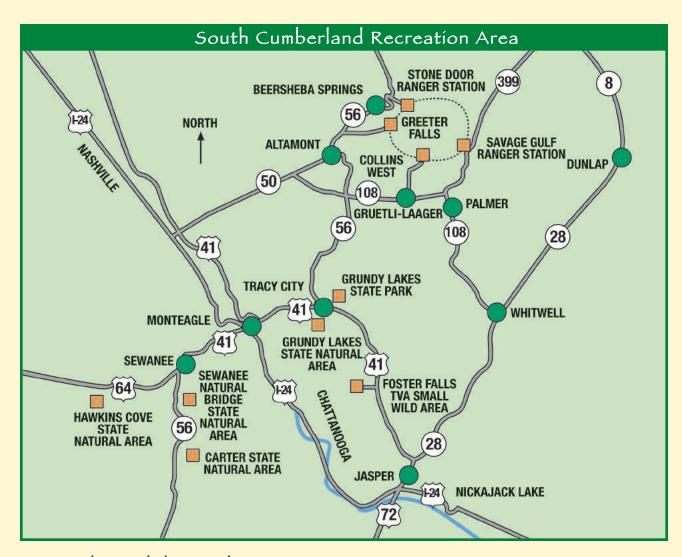
To ensure safety, a camping permit located at each trail-head kiosk must be completed, and hikers must be off the trails and in their campsites by dark. All free of charge and on a first-come/first-serve basis, there are 14 different primitive tent campgrounds parkwide, each with individual campsites and an outhouse. Within those campgrounds are 105 primitive backcountry tent campsites, 99 of which have firerings. The 6 campsites at Raven Point on the Fiery Gizzard Trail allow no open campfires. One hundred of those campsites can accommodate up to 8 people each, and 5 are large group campsites. Hiking distances range from 120 yards to 15 miles. Naturally occurring water sources are rainfalldependent from streams and springs which must be treated, filtered, or boiled for potability. Calling ahead for a status report is recommended. City water is available from spigots located only in campgrounds nearest trail entrances within the first half-mile.

Hiking

The park has 90 miles of hiking trails ranging from easy to very rugged. Please register at the trailhead. All dayhikers must be off trails by dark.

Boating

Grundy Lakes does not have a launch ramp; however, smaller boats with paddles or trolling motors are welcome (no gas engines please).



Picnic Pavilions and Playgrounds

All picnicking in the park is free of charge. Pavilions are located at the Visitor Center and at Grundy Forest; they may be reserved for the day up to one year in advance. There are many other picnic tables, grills, and playgrounds scattered throughout the park. Courts for tennis, volleyball, basketball, a baseball diamond and horseshoe pits along with swings and slides can be found at the Visitor Center.

Fishing

Fishing is allowed in five small lakes. Four small lakes at Grundy Lakes in Tracy City range from one to sixteen acres in size. Another one-acre lake is located on the Meadow Trail near the Visitor Center. No fishing is allowed in swimming areas or waterfall splash pools. A Tennessee Fishing License is required.

Swimming

Unsupervised swimming areas can be found at Grundy Lakes as well as any creek or splash pool located in the park. To ensure safety, all diving is prohibited.

Museum

The Visitor Center contains exhibits depicting local history and wildlife. Audiio/visual presentations are available upon request.

Planned Programs

A variety of programs covering natural and cultural history are scheduled year-round. Hikes, slideshows, movies, cave tours, rock climbing & rappelling, and canoe floats as well as special programs are offered by request.